

# Eden Energy Medicine 101 & 102

## WHEN:

EM 101 February 3rd  
EM 102 February 4th  
10am - 5pm

## WHERE:

Energy for Healing  
4446 Route 27  
Kingston, NJ 08528

## COST:

EM 101 & 102 \$150 each  
Take both for \$275  
EM 101 must be taken prior to EM 102

## Register by Contacting:

Lisa Buford (406) 223-1624  
[lisabuford123@gmail.com](mailto:lisabuford123@gmail.com)

For more information visit:  
[www.EdenEnergyMedicine.com](http://www.EdenEnergyMedicine.com)  
Classes and more



"It is simple,  
when our  
energies are  
healthy and  
balanced, we  
feel stronger,  
happier and  
better able to  
handle  
whatever is  
happening in our  
life."  
**Donna Eden**



Your life can  
be better  
starting  
NOW!  
Advanced  
Practitioner  
and Senior  
faculty for  
EEM, **Lisa  
Buford** comes  
to teach and  
inspire you.  
Come Catch  
the Magic of  
EEM!

EM 101 introduces the Basics of Eden Energy Medicine. You will learn a 5 Minute Daily Energy Routine, tools for managing Stress and releasing negative emotions. Ways to stay Grounded and Centered. How to remove Toxins in the body using Reflex Points and more...

EM 102 gives you more techniques to use with yourself and others. Learn about the Meridian system and an easy way to trace them. How to work with the Auric Field. Learn to test food and supplements. Ways to reduce and manage pain. Easy, yet powerful energy balancing protocols to use with others. Lots of hands on practice!